



Image Description: Postman's park, concrete winding paths and grassy areas with trees to the left and a 6 story brick building to the right.

SEATS AT THE TABLE

02-30 June

Access Information Document

Access information for Seats At The Table, London Festival of Architecture 2023 event series at Postman's Park

Seats At The Table is an event series exploring the intersection between sustainability, accessibility and participation through a table as a place for bringing people together, sharing, making, learning, nourishment and socialising. It's part of London Festival of Architecture 2023 with events taking place across June. Please find access info for our events below presented as questions and answers. We have also provided a map of the location and recommended transport options, as well as voice recording so that you can familiarise yourself with the venue – you can find those at the [LFA website](#).

If you have any further queries or access requirements, please get in touch with seats.at.the.table.2023@gmail.com.

Frequently Asked Questions

Where do I go?

All Seats At The Table events will be taking place at Postman's Park, King Edward St, London, EC1A 7BT. This venue is outside. In case of bad weather, please check the [Eventbrite](#) site of the specific event for location updates.

Do I need tickets to join the events?

Please book free tickets via [Eventbrite](#). All tickets are free, please book as many as there are people attending.

Is there step-free access?

King Edward Street entrance opposite St Bartholomew Hospital provides level access so please make your way there. Aldersgate St entrance is not accessible, with 4 steep slightly sloped steps and no sturdy handrail. Very much not recommended!

How do I get there?

Option 1 - By train or tube. The nearest accessible train station is Farringdon, at 0.4 miles walking/wheeling distance. It's connected to Thameslink, Elizabeth Line, and Circle, Metropolitan and Hammersmith & City underground. The station provides step-free access and you can schedule for an assistant to facilitate navigation around the station. Please see overleaf for a photowalk of the route from the station to the park, or listen to our audio for further details. St Paul's station is the tube station nearest to the park, connected to the Central line, however, it only provides stepped access. Take Exit 2 for Ludgate Hill if you arrive there.

Option 2 - By bus. Buses 4, 8, 25, 56, 76, 100, and 133 all stop within 0.2 miles walking/wheeling distance from the park. 4, 76, 133 stop by St Paul's Station; 8, 25, 56, 133 stop at King Edward St. 100 stops right opposite Postman's Park entrance, and most of them also stop at Little Britain. Please see our map for further details.

Option 3 - By bike. There is a row of Sheffield stands directly in front of the King Edward St entrance, either end of the row provides space to accommodate non-standard cycles.

Option 4 - By taxi or car. There is a drop-off point with a dropped kerb provided at Aldersgate St, by the back entrance to the park. The wheeling/walking distance to the accessible entrance is 600ft. Turn left behind the church and go along the park through Little Britain, then turn right at King Edward St to reach the level entrance. There are a couple of blue badge and regular parking spaces on Little Britain, however, we can't guarantee parking for the events.

What if I need additional assistance in getting there?

If you would like someone to meet you at the station or require a taxi from the station, we have a small fund to facilitate this. Please get in touch and we will do our best to help. Alternatively, see below for visual and written description of the route from Faaringdon Station to the Postman's Park:

What's the surfacing like?

The park is an open space laid with paving stones and providing some grassed or planted areas. It's not fully level but there are no major slopes. A few of the organisers wheel, or use mobility aids or the white cane, and we found it OK!

Will seating be provided?

Seating will be provided for all events, with a zone for wheelchair and mobility scooter users and a priority seating zone for people using BSL interpretation. There will also be Seats At The Table but panellists will take them at some events!

Will BSL interpreters be there?

We are aiming to provide BSL interpretation for all events.

What if I have issues hearing public lectures and discussions?

Microphones will be provided for speakers.

Where will I find an accessible toilet?

St Bartholomew's Hospital opposite the park's level entrance provides accessible toilets.

The ground floor toilets are not fully accessible. We recommend using the accessible toilets in the basement. The toilet here is large and has an outward opening door, coat hooks, shelf, good visual contrast between floor and walls, all necessary rails and an emergency cord with the lower bangle hanging the correct distance from the floor, though the cord lacks an upper bangle. It is signed and is easy to locate, by coming out of the lifts, walking towards the Fontanelle Café and then turning left in front of the café: the toilet is further along the left-hand side.

The nearest Changing Place unit is located at The Barbican, around 0.6 mile walking/wheeling distance from the park.

Will there be baby changing facilities?

Also provided at St Bart's Hospital.

Will support animals be welcome?

Yes

Will there be a quiet/rest space provided?

There will be a space for resting where we encourage people to lie down on large bean bag cushions under lightweight canopies. However, please note that the park is a central London venue with a construction site down the road which can get quite noisy.

Will a covered area be provided?

There is a small covered area but it is not suitable for running events. If there is bad weather forecast please check the Eventbrite and your email as we may change to an indoor venue.

Will there be captioning?

No, Seats at the Table will not use a screen or visual presentations such as powerpoint.

Will refreshments be provided?

We will provide some drinks and light refreshments for the Launch event. All refreshments will be vegan, gluten free options will also be available.

Will the events be recorded or streamed?

The events won't be recorded or streamed.

Will photographs be taken?

Photos and video recordings will be taken during the events. Please speak to one of the volunteers in case you would not like to be photographed during the events.

What support is there for blind and partially sighted people?

An audio-description of how to get to the site will be available shortly after the launch on 2nd June. In addition, we have added a soundscape around the small circular foundation in the middle of the park to help with orientation. This includes touchable and sound-creating materials around the railings.

What else will there be to do?

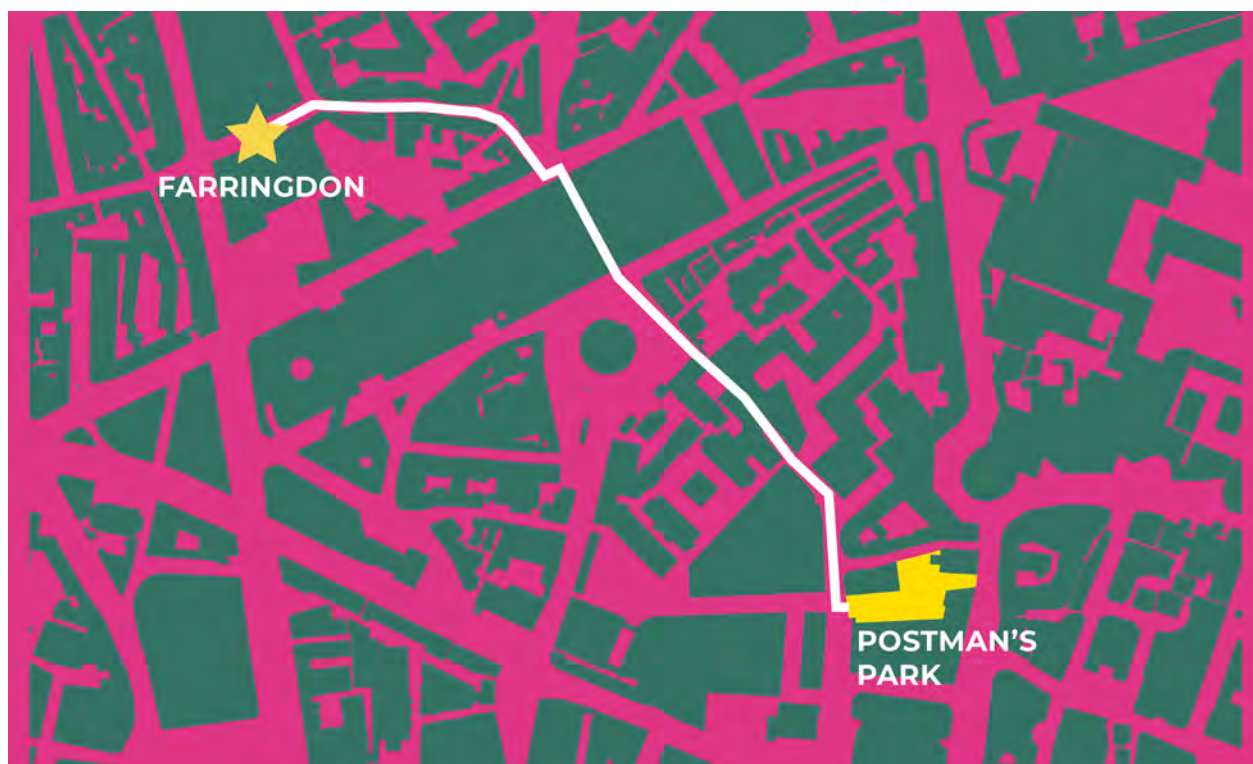
We have made an audio-description of the Memorial to Heroic Self-Sacrifice, which will play through an onsite speaker; and made the porch where it is located accessible to wheelchair users.

What local facilities are available?

Please find audit of local support facilities here - [Google drive link](#)

What other support is available?

Do not hesitate to get in touch at seats.at.the.table.2023@gmail.com in case you have any further queries. Our volunteers will also be there for you on the day to help you enjoy the Festival events!



Visual and described route from Farringdon Station to Postman's Park



Image Description: The public space between Farringdon Underground exit and Farringdon National Rail Exit, a paved path with people, the camera looking towards Cowcross Street

1. If you are coming out of Farringdon Underground Exit (Metropolitan, Circle or Hammersmith and City) turn left out of the station and continue along the road. If you are coming out of Farringdon National Rail and Thameslink, turn right out of the station and continue along the road. The pavement and roads are flat and can be accessed easily.



Image Description: Cowcross Street with the road curving round to the right and shops in the background

2. The road curves to the right. Follow the curve.



Image Description: Cowcross street turning left into a junction, there are shops either side and Smithfields Market in the background.

3. There is an affordable cafe on your right serving affordable food and drink. The road opens up onto a junction that can be busy and noisy at certain times of day. Cross at the accessible pedestrian crossing and continue along the road that goes through the large market building. This building is Smithfield Market. As an industrial market it is very busy at night but is quiet during the day.



Image Description: The southern end of Smithfields Market, there are several bollards and a crossing to the left. There is a pub on the left and trees in the distance.

4. Continue along the left side of the market to get to the accessible pedestrian crossing at the end of the market building. Cross the road and continue forward.



Image Description: A stone building is on the left and a collection of bikes to the right, straight ahead there is a slightly narrower path leading towards St Barts Hospital.

5. Continue along the road for about 150 metres. There are a few obstructions on the right side of the street. On your right you will find a few chairs which you may use to rest.



Image Description: A narrow path with parked cars on the left, a tall wall to the right, and a building straight ahead.

6. The road curves to the right. Follow the curve.



Image Description: A stone building is on the left and road the right, with a wide path straight ahead leading to the entrance to Postmans Park.

7. On your right is a large entrance to St Barts hospital where there are accessible toilets. Opposite the entrance is a crossing, cross here to the other side of the road a go right.



Image Description: Two brick pillars and an open black steel gate lead into Postmans Park.

8. Continue along the road for about 20 metres. The entrance to the site will be on your left.